Summer Krause
LPC, CADCIII, CCTP

Summer Krause is a Licensed Professional Counselor (LPC), Certified Alcohol and Drug Counselor III (CADC III), Certified Clinical Trauma Professional (CCTP), and has a master's degree in counseling (MA). She has experience counseling children, adolescents, families, and adults, and has worked in nonprofit, group home, juvenile justice, residential, and outpatient settings. Her clinical practice includes Seeking Safety in both individual and group modality. She has worked with Treatment Innovations since 2011 and is a senior trainer, as well as author of the *Seeking Safety Adolescent Toolkit* (2023) and co-author of the *Christian Faith-Based Guide to Seeking Safety* (2021). She is based in Oregon.

Experience

2011 - PRESENT
Trainer and Consultant | Treatment Innovations | Newton Centre, MA

♦ Present professional trainings and provide consultation in the use of *Seeking Safety, Finding Your Best Self, Creating Change, Women's Addiction Workbook,* Trauma-Informed Care

MAY 2024 - PRESENT
Mental Health Therapist | Psychological Services Connection | Portland, OR

♦ Provide evidence-based trauma-focused therapy to adolescents and adults in both individual and group modalities, with an emphasis on co-occurring disorders

APRIL 2008 – APRIL 2024
Mental Health Therapist | Western Psychological and Counseling Services/Lifestance| Gladstone, OR

♦ Conducted outpatient therapy for children, adolescents and adults with mental health and co-occurring disorders using *Seeking Safety, Finding Your Best Self*, EMDR, Motivational Interviewing, CBT and other models
♦ Facilitated *Seeking Safety* and *Finding Your Best Self* groups for adolescents and adults

JANUARY 2007 – APRIL 2010
Adjunct Professor | Western Seminary Counseling Program| Portland, OR

♦ Taught graduate level course on Counseling Adolescents

MAY 2005 – OCTOBER 2008
Lead Counselor/Adolescent and Family Counselor | Morrison Child and Family Services Breakthrough Program| Portland, OR

♦ Worked with adolescents in state custody, on probation or parole, in residential treatment for co-occurring disorders and criminal behavior, using individual, family (biological and foster) and group therapy, as well as aftercare treatment
♦ Implemented *Seeking Safety*, grief, and multi-family groups (improving engagement, tripling attendance).
♦ Promoted to Lead Counselor for the purpose of training clinical staff and heading up special projects, while collaborating with multidisciplinary team

♦ Participated in extensive Motivational Interviewing/Enhancement trainings, supervision, and fidelity monitoring

SEPTEMBER 2004 – APRIL 2005
Masters-level Counseling Intern | Parrot Creek Lifeguards Juvenile Sex Offender Program| Oregon City, OR

♦ Assisted youth in treatment for sexual offenses through individual, family and group counseling
♦ Partnered with the Juvenile Justice Department and prepared youth for polygraph and clarification meetings
♦ Offered job as Program Manager after completing graduate degree (declined)

APRIL 2003 – MAY 2005
Children's Grief Group Facilitator | Dougy Center for Grieving Children| Portland, OR

♦ Facilitated 6-12 year old grief groups for kids who had a parent/caregiver die as well as caregiver support groups

SEPTEMBER 2003 – JUNE 2004
Masters-level Counseling Intern | Eastwind Family Center| Troutdale, OR

♦ Provided school-based groups, multi-family groups, individual and family counseling to low-income families

Education

2005
Master of Arts Counseling, with specialization in children and adolescents, with highest honors
Western Seminary | Portland, OR

1999
Bachelor of Arts Christian Education, minors in Youth Ministry and Business, magna cum laude, Ivy Honorary
Seattle Pacific University | Seattle, WA

Professional Licensure and Certifications

Licensed Professional Counselor, Oregon Board of Licensed Professional Counselors, 2008
Certified Drug and Alcohol Counselor III, Mental Health and Addiction Certification Board of Oregon, 2010
Trauma-Informed Services Certification, Portland State University Graduate Studies, 2014
Certified Clinical Trauma Professional, International Association of Trauma Professionals (IATP), 2016

Outcomes Recognition

Received Certificate of Effectiveness (ACE) in 2012 from A Collaborative Outcomes Research Network (ACORN) based on outcome measures used in therapy. Exceeded the benchmark for "Highly Effective Therapist."

Publications

- *Seeking Safety Adolescent Toolkit* (2023)
- *Christian Faith-Based Guide to Seeking Safety*, co-authored with Risa Hobson LPC (2021)
- Najavits, L.M. & Krause, S. (2023). Group delivery of Seeking Safety for trauma and/or addiction. *Group Approaches to Treating Traumatic Stress in Adults* (Ruzek, Yalch & Burkman, eds.). New York: Guilford Press, 136-147.