Psychometrics of the SS Adherence Scale are reported in:

Hien DA, Wells EA, Jiang H, et al. Multisite randomized trial of behavioral interventions for women with co-occurring PTSD and substance use disorders. *J Consult Clin Psychol.* 2009;77(4):607-619.

From page 612 of that article:

*Counselor and Supervisor Fidelity*

Seeking Safety supervisors rated a total of 257 counselor sessions.

The mean standardized score (based on a 5-point Likert

scale) on the Seeking Safety Adherence Scale (Najavits & Liese,

2004) was 3.8, representing an acceptable level of counselor

adherence. The internal consistency reliability of the total scale

was .82, which is excellent, and the average measure reliability

(intraclass correlation) was good (.73). WHE supervisors rated a

total of 193 counselor sessions. The mean adherence score was 4.0

out of a possible 5-point scale, corresponding to a rating of *good*

on the adherence scale. The internal consistency reliability was

.98, considered excellent, and average measure reliability (intraclass

correlation) was good (.77).