

© 2002 The Guilford Press
A Division of Guilford Publications, Inc.
72 Spring Street, New York, NY 10012
www.guilford.com

All rights reserved

Except as noted, no part of this book may be reproduced, translated, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, microfilming, recording, or otherwise, without written permission from the Publisher.

Printed in the United States of America

This book is printed on acid-free paper.

Last digit is print number: 19 18 17 16 15 14 13 12 11 10

LIMITED DUPLICATION LICENSE

These materials are intended for use only by qualified mental health professionals.

The Publisher grants to individual purchasers of this book nonassignable permission to reproduce the therapist sheets and handouts in this book. This license is limited to you, the individual purchaser, for use with your own clients and patients. It does not extend to additional clinicians or practice settings, nor does purchase by an institution constitute a site license. This license does not grant the right to reproduce these materials for resale, redistribution, or any other purposes (including but not limited to books, pamphlets, articles, video- or audiotapes, and handouts or slides for lectures or workshops). Permission to reproduce these materials for these and any other purposes must be obtained in writing from the Permissions Department of Guilford Publications.

Library of Congress Cataloging-in-Publication Data

Najavits, Lisa.

Seeking safety: a treatment manual for PTSD and substance abuse / by Lisa M. Najavits.

p. ; cm. — (Guilford substance abuse series)

Includes bibliographical references and index.

ISBN 978-1-57230-639-4 (pbk.)

1. Cognitive therapy—Handbooks, manuals, etc. 2. Post-traumatic stress disorder—Patients—Rehabilitation—Handbooks, manuals, etc. 3. Substance abuse—Patients—Rehabilitation—Handbooks, manuals, etc. 4. Adult child abuse victims—Rehabilitation—Handbooks, manuals, etc.

I. Title. II. Series.

RC489 .C63 N34 2002

616.89'142—dc21

00-066273