

## Colette Meek Haslam, LCSW

Colette Meek Haslam, MSW, LCSW is a social worker at the University of Utah. She conducts substance use and mental health assessments, and facilitates referrals to treatment services primarily within the public system in Salt Lake County. She is also a member of an agency-wide committee devoted to promoting trauma-informed care. She began facilitating mixed-gender Seeking Safety groups in 2016 while working with substance abusing clients in an inpatient setting. She also has experience working with adults and adolescent substance users in inpatient and outpatient settings, and formerly worked for a Utah nonprofit serving women survivors of childhood sexual abuse where she trained with Dr. Najavits, Bessel Van der Kolk, and obtained EMDR training. She is a native of Edmonton, Canada and completed B.A. degrees in psychology and French at Arizona State University and an MSW at Brigham Young University, and is a former professional athlete. For details, see her complete resume.

### EDUCATION, TRAINING & LICENSURE

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2015 Alberta, Canada – Registered Social Worker – Permit #12539

2017 Utah - Licensed Clinical Social Worker – License # 9399395-3501

EMDR Certified

Gottman Level 1 training

2013 – 2015 **Brigham Young University** Provo, UT  
■ Master of Social Work

2004 – 2008 **Arizona State University** Tempe, AZ  
■ B.A. Psychology, B.A. French *cum laude*

### WORK EXPERIENCE

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6/2018 – Present **Social Worker** Salt Lake City, UT  
*University of Utah – Assessment & Referral Services*

- Conduct comprehensive substance use and mental health assessments with variety of clients, with a primary focus on serving populations experiencing homelessness and/or who are involved with the criminal justice system or child protective services in Salt Lake County

6/2017 – 6/2018 **Clinical Therapist** Lehi, UT  
*The Younique Foundation*

- Provided clinical services via individual and group sessions at nonprofit serving female survivors of childhood sexual abuse.
- Utilized trauma-focused modalities including EMDR and TF-CBT in individual sessions; and presented to different groups of 8 to 24 women weekly on psychoeducational topics related to impact of childhood trauma including shame, healthy relationships & sexuality, body image, boundaries, and the neurobiology of trauma
- Prepared and maintained all required treatment records and reports

2/2016 – 6/2017 **Clinical Therapist** Murray, UT  
*Recovery Ways*

- Provided direct services in dual-diagnosis inpatient substance abuse treatment center with a particular focus on working with female clients and trauma

- Primary therapist for caseload of 8-10 adult clients; responsible for biopsychosocial assessments, 18-20 hours of individual therapy, 4.5 hours of group therapy, and family therapy sessions weekly
- Maintain up-to-date clinical documentation, plan aftercare for local and out-of-state clients, collaborate with family and referral sources, and ensured continuity of care across multidisciplinary team

2015- 2016 **Therapist** Lethbridge, AB

*Crossroads Counseling Centre*

- Provided counseling services in SW Alberta through non-profit agency to caseload of 8-10 individuals and couples on range of issues including depression, anxiety, grief/loss, parenting, relationships, and trauma

2015 –2016 **Development Counselor** Lethbridge, Canada

*LDS Employment Resource Services*

- Launched Development Counseling Services program in Canada, expanded from program model in US
- Trained and managed volunteer workforce of 15-20 volunteers in Calgary, Edmonton, and Winnipeg Employment Centers, respectively; service-area from British Columbia to Ontario inclusive
- Maintained caseload of 70-80 clients; conducted clinical intake interviews and counseled individuals with employment barriers including personal, social, and/or vocational difficulties to maximize self-reliance
- Collaborated with local ecclesiastical leaders and community resources to provide unified and comprehensive service

2014 – 2015 **School Social Worker (Graduate Intern)** Orem, UT

*Utah Div. of Child & Family Services & Alpine School District*

- Provided crisis and individual counseling for at-risk students at Orem High School
- Facilitated weekly in-school social/emotional skills group for at-risk students to provide support, reduce truancy, improve problem behaviors at school and academic performance
- Facilitated weekly after-school community group for truant students and parents from 3 Orem-area high schools as part of district-wide effort to reduce juvenile truancy court referrals
- Co-represented OHS with administrative staff at juvenile truancy and drug court hearings

2014 **Development Counselor (Graduate Intern)** New York, NY

*LDS Employment Resource Services*

- Served very diverse population with vocational barriers in the greater New York City area, and Northeast U.S., with goal to help foster client economic and emotional self-reliance through training and employment programs
- Conducted clinical interviews including vocational assessments, and psychosocial assessments; created individualized plans to lead to client self-reliance
- Collaborated with volunteer missionaries, local ecclesiastical leaders, and coordinated with city resources to provide unified and comprehensive service

2012 – 2013 **Client Care Assistant** Edmonton, Canada

*Alberta Health Services - Youth Addiction & Mental Health Services*

- Provided frontline services to youth ages 12-18 undergoing detox and substance abuse treatment in 10-day voluntary and involuntary programs, and 3-month residential programs
- Collaborated with clinical team to ensure a safe facility; provide 1-on-1 support; facilitated client admissions; administered medication; and co-facilitated psycho-educational groups

2008 – 2012

**Professional Athlete**

Winnipeg, Canada / Europe(Various)

*Team Canada Volleyball; Svedala Volley, MÁV Előre SC, USSPA Albi*

- Trained 35 hours per week with top 16 female players in Canada as a member of Sr. National Team at the national center; represented Canada at international competitions including the XVI Pan American Games, Pan American Cup, and NORCECA Zone Championships
- Trained and competed full-time for three seasons as paid professional volleyball player for clubs in Sweden; Hungary; and France. Completed in CEV Inter-European Championship with French team, and respective national leagues in each country