

June 11, 2015  
9:00am-4:00pm (sign in 8:30a-9:00a)

Health Education Center  
Summit Medical Center  
400 Hawthorne Ave.  
Oakland, Ca 94609



**Lisa Najavits, PhD, ABPP**

Dr. Lisa Najavits, PhD, ABPP is a Professor of Psychiatry, Boston University School of Medicine; Lecturer, Harvard Medical School; clinical psychologist at VA Boston; and Clinical Associate, McLean Hospital.

## east bay community recovery project presents: seeking safety training



### By the end of the day, you will be able to:

- Implement Seeking Safety if you choose to, with adults and/or adolescents
- Review research and clinical issues in treating trauma and substance abuse
- Increase empathy and understanding of trauma and substance abuse
- Learn how to conduct *Seeking Safety*, an evidence-based model for trauma and/or substance abuse
- Obtain assessment and treatment resources

**Cost:** \$165 (training only) OR \$195 (training plus CEUs) OR \$215 (training plus the Seeking Safety book\*) OR \$245 (training plus CEUs plus the Seeking Safety book\*).

**All options include a box lunch.**

**Questions:** Please contact Erin Wengrofsky at [ewengrofsky@ebcrp.org](mailto:ewengrofsky@ebcrp.org)

**Registration:** <http://tinyurl.com/nddrcjb>

**CEU's:** max of 6 with full attendance

Training also includes a brief preview of Creating Change, a new past-focused model for trauma and/or addiction that can be used with Seeking Safety.

