**SHANTA NISHI KANUKOLLU**

2213 W Lyndale Street

Unit 1

Chicago, IL 60647

**EDUCATION**

**2005-2010:** Joint PhD, Clinical Psychology and Women’s Studies

University of Michigan, Ann Arbor, MI

Dissertation: Understanding the Impact of Immigration, Acculturation and Gender on Perceptions of Child Sexual Abuse and Help-Seeking Attitudes among South Asian College Students

**2005- 2007:** M.S., Clinical Psychology

University of Michigan, Ann Arbor, Michigan

Master’s Thesis: The Impact of Parenting Style and Model Minority Myth on Mental Health and School Outcomes among Asian-American Adolescents

**2000 - 2004:** B.S., Public Health & Psychology (double major)

General Honors Program, Rutgers University, New Brunswick, NJ

**PROFESSIONAL LICENSURE**

Licensed Clinical Psychologist, Illinois (License No. 071.008400)

**HONORS & AWARDS**

**2009:** Acceptance into Rackham Graduate School and University of Michigan’s Center for Research on Learning and Teaching (CRLT) Preparing Future Faculty Seminar

**2009:** Rackham Predoctoral Dissertation Grant

**2009:** University of Michigan Department of Psychology Thesis/Dissertation Award

**2008:** Rackham Graduate School Outstanding Graduate Student Instructor Nominee

**2007:** American Psychological Association Minority Fellowship Program Recipient

**2007:** Rackham Graduate Student Research Grant

**2007:** National Multicultural Conference & Summit (NMCS) Student Travel Grant

**2005-2007:** Horace Rackham Graduate Merit Fellowship

**2001-2004:** Dean’s List, Rutgers Honors College

**2003:** Elected to Psi Chi National Psychology Honor Society

**2003:** National Institute on Drug Abuse: Research Supplement for Underrepresented Minorities Program

**CLINICAL EXPERIENCE**

**02/17 – present: SNK Therapy LLC, Chicago, IL**

Provide individual therapy in a private practice setting; participate in weekly group consultation with other clinicians to discuss clinical cases, participate in monthly group consultation to discuss cases with a focus on diversity and cross-cultural issues.

**11/15 – 07/18: Department of Psychology, Edward Hines Jr. VA Hospital, Hines, IL**

*Supervisor: Tomasz Andrusyna, Ph.D.*

Conduct individual therapy for veterans seeking treatment for PTSD, depression, anxiety and a variety of other mental health diagnoses; participate in weekly staffing with interdisciplinary team to discuss clinical cases; participate in Diversity Committee which is dedicated to increasing retention and hiring of diverse staff members and providing staff members with case consultation focusing on diversity and cross-cultural concerns; supervise postdoctoral fellows on their supervision of predoctoral trainees

**01/13 – 07/15: Division of Psychological Services, Nineteenth Judicial Circuit Court of Lake County, IL**

*Supervisor: Dena Traylor, Psy.D.*

Conduct psychological evaluations for individuals referred to the Lake County Drug Court and Mental Health Court programs to help determine program eligibility; provide individual therapy for men and women referred from Therapeutic Intensive Monitoring (TIM) Court Unit i.e. Mental Health Court, Drug Court and Veterans’ Court specialty programs; facilitate *Seeking Safety*, an integrated treatment for trauma and substance abuse in a group therapy modality; participate in weekly staffings with interdisciplinary team for clients in the TIM Court programs; conduct crisis evaluations and interventions as needed; provide mental health consultation for members of Division of Adult Probation Services; supervise pre-doctoral psychology intern for individual and group therapy

**06/12 – 01/13: The Chicago School Forensic Center**

*Supervisors: Darlene Perry, Ph.D., Laura Benton, Psy.D.*

Co-facilitated group for juvenile offenders flagged for school truancy, disorderly conduct and/or disengagement in an educational setting; supervised Master’s level psychology students from The Chicago School of Professional Psychology; provided clinical services for individuals involved in the criminal justice system.

**05/11-05/12: The Empowerment Center at Sheriff’s Women’s Justice Programs, Cook County Department of Corrections, Chicago, Illinois (Post-doctoral Fellowship)**

*Supervisors: Doreen Salina, Ph.D.; Nancy Soro, Ph.D.*

Conducted individual therapy with women re-entering the community after incarceration; facilitated groups on various topics including substance abuse, trauma, domestic violence and women’s health; provided brief trauma-focused treatment and crisis evaluations; supervised Master’s level psychology externs for individual and group therapy; organized fundraising events to cover costs of basic needs for The Empowerment Center clientele; created emergency protocol for high-risk clients; managed daily administrative operations of clinic; assisted in creating linkages with community organizations that provide housing, psychiatric services, medical care and clothing.

**09/09-09/10: Illinois Masonic Center Behavioral Health Services (Pre-doctoral Internship)**

*Supervisors: Elizabeth Rutha, PsyD; Toby Perlman, PhD; Anna Kessler-Cordeiro, PhD; Christopher Rector, PhD*

Conducted individual, couples and family therapy with children, adolescents and adults in outpatient setting; screened patients at OB-GYNE treatment center for prenatal and post-partum depression; worked with crisis team at Illinois Masonic Medical Center Emergency Department to conduct psychological evaluations, brief trauma-focused treatment and crisis services; supervised psychology externs regarding clinical cases; co-led group for child sexual abuse and incest survivors; created and co-led outpatient support group for survivors of domestic violence; worked with interdisciplinary team to provide case management and client-centered consultation for outpatient population; trained medical students in emergency/crisis room protocol and interventions

**01/08-06/09: University Center for the Child and the Family, Ann Arbor, Michigan**

*Supervisor(s): Sharon Gold-Steinberg, PhD, Jerome Miller, PhD*

Provided psychological assessments to children and adolescents;conducted individual, couples and family

therapy;obtained didactic training on a variety of topics related to clinical skills; worked with an interdisciplinary

team in case conceptualizations and treatment plans; provided Social Skills group therapy to children with a

variety of diagnoses leading to inappropriate social behaviors.

**04/06 - 06/06: Kids Club Intervention Program, Safe House Center, Ann Arbor, Michigan**

*Supervisor: Sandra Graham-Bermann, PhD*

Provided group therapy for children exposed to violence; worked with co-therapist in adapting Kids

Club manualized treatment for children, ages 3-7 living in shelters.

**01/06 - 04/06: University of Michigan Autism and Communication Disorders Center, Ann Arbor, Michigan**

*Supervisor: Catherine Lord, PhD*

Provided variety of assessments to children being evaluated for autism and autism-spectrum disorders.

**RESEARCH EXPERIENCE**

**07/04 - 07/05: Narcotics Rehabilitation Center, Mount Sinai Medical School**

*Clinical Research Coordinator II, Clinical Trials Network*

*Supervisor: Bryan Fallon, PhD*

Administered weekly and follow-up study assessments; communicated regularly with Institutional Review

Board and National Institute on Drug Abuse; prepared all IRB submissions and maintained regulatory binders; collected, entered and managed all data; supported senior research staff in preparing to close smoking cessation

study at local site.

**06/02 - 05/04: Robert Wood Johnson-University of Medicine and Dentistry of New Jersey, Addiction**

**Psychiatry**

*Research Assistant*

*Supervisor: Douglas Ziedonis, MD; Marc Steinberg, PhD, Jonathon Krejci, PhD*

Completed training on Addiction Severity Index assessment procedures; sharpened literary research skills by investigating co-occurring disorders involving substance abuse; familiarized self with multiple poly-drug abuse assessments and treatment approaches; collected, analyzed and presented data for various projects using SPSS; proofread manuscripts before submission to peer reviewed journals; interviewed clients utilizing variety of measures for project investigating poly-drug abuse; aided in writing manual for Motivational Enhancement Therapy for Polysubstance Abuse.

**06/03 - 08/03: Harvard Medical School, McLean Hospital, Alcohol and Drug Abuse Treatment Program**

*Research Assistant*

*Supervisor: Lisa Najavits, PhD*

Utilized SPSS to complete statistical analyses for publication in progress on clinician expertise on substance

abuse and Post-Traumatic Stress Disorder (PTSD); co-authored paper on efficacy of *Seeking Safety* training on clinician knowledge of substance abuse.

**01/02 - 05/02: Rutgers University, Center for Alcohol Studies**

*Research Assistant*

*Supervisor: Arthur Tomie, PhD*

Collected data for research demonstrating severity of alcohol dependence in rodents.

**06/01 – 08/01: Douglass Developmental Disabilities Center, Research and Development**

*Research Assistant*

Observed autistic children in a school environment for social skills and play deficits; implemented and assisted in experiments on education and behavior of autistic students.

**PUBLICATIONS**

**Kanukollu, S.N.** Special Guest Contributor. Stories of Stigma: South Asian Mental health. Episode 7. MannMukti. 2017 August. <https://www.mannmukti.org/episode-7>.

Epstein-Ngo, Q., **Kanukollu, S.N.** (2013). *Religious Syncretism and Intimate Partner Violence in the Chinese American Community.* Manuscript submitted for publication.

**Kanukollu, S.N.**, Epstein-Ngo, Q. (2013). *Violence Against Women Through a Buddhist Lens.* Manuscript submitted for publication.

**Kanukollu, S.N.**, Mahalingam, R. (2011). Idealized Cultural Identities and model Minority Myth: A Social Marginality Perspective to Study Perceptions of Child Sexual Abuse and Help-Seeking among South Asian Americans. *Journal of Child Sexual Abuse, 20(2),* 218-243.

Graham-Bermann, S. A., Kulkarni, M., & **Kanukollu, S**.**N.** (2010). Disclosure in Intervention for Children Exposed to Traumatic Family Violence. *Journal of Interpersonal Violence.*

**Kanukollu, S.N.,** & Mahalingam, R. (in press). *Childhood Sexual Abuse in South Asian communities: A*

 *Dialogue of Family, Gender and Immigration*.

Najavits, L.M., & Kanukollu, S. (2005). It Can Be Learned, but Can it Be Taught: Results from a State-Wide

 Training Initiative on PTSD and Substance Abuse. *Journal of Dual Diagnosis, 1 (4),* 41-51.

**PROFESSIONAL DEVELOPMENT/ TRAINING EXPERIENCE**

**6/17: Acceptance & Commitment Therapy – 2-day Intensive ACT Training,** Renaissance Chicago North Shore Hotel (June 6th and 7th, 2017),Northbrook, Illinois.

**12/14: The Dangerous Patient**  - 1-day training at The American Club (December 3rd, 2014), Kohler, Wisconsin.

**12/14: Ethics and Boundaries: Documentation and Forensic Issues** – 1-day training at The American Club (December 2nd, 2014), Kohler, Wisconsin.

**09/14: Prescription for Prevention Summit –** 1-day symposium at Advocate Condell Conference Center (September 23rd, 2014), Libertyville, Illinois.

**01/12: The Collaborative Change Model** – 1-day training at The Center for Contextual Change (January 28th, 2012), Skokie, Illinois.

**11/11: Compassion Fatigue –** 1-day training at The Center for Contextual Change (November 4th, 2011), Skokie, Illinois.

**09/08 – 05/09: University of Michigan Law School Child Advocacy Clinic**

*Psychology Fellow*

Provide psychological consultation on legal cases regarding child custody, child abuse and termination of parental rights; participate as expert witness in annual mock trials.

**09/08:** **Dialectical Behavior Therapy (DBT) with Suicidal Adolescents and Borderline Clients**– 2-day training (September 25th-26th), Ann Arbor, Michigan.

**10/07:** **Child Abuse and Neglect: Prevention, Assessment and Treatment**- 2-day training (October 22nd -23rd), Plymouth, Michigan.

**10/04 - 12/04: Sexual Assault and Violence Intervention (SAVI), Mount Sinai Medical Center Volunteer Advocate**

Provided crisis intervention for survivors of rape, sexual assault, incest, and domestic violence in the emergency room; completed 40 hours of training on crisis counseling and medical and legal support for victims.

**SYMPOSIA & POSTER PRESENTATIONS**

**Kanukollu, S.N.** (2012, May). *Understanding Immigration, Acculturation and Gender on Perceptions of Child*

*Sexual Abuse and Help-Seeking Attitudes among South Asian College Students.* Panel presentation at

American Psychological Association Division 45 Conference, Ann Arbor, MI.

Singh, A.; **Kanukollu, S.N.** (2009, August). *Moving Beyond Monsoon Wedding: Breaking the Silence on Child Sexual Abuse in AAPI Families and Communities.* Interactive workshop presented at American Psychological Association Conference, Toronto, Canada.

**Kanukollu, S.N.*,*** Graham-Bermann, S. & Kulkarni, M. (2009, August). *Ethnicity and Disclosure in Treatment for Children Exposed to IPV.* Poster presented at American Psychological Association Conference, Toronto, Canada.

**Kanukollu S.N.,** & Mahalingam, R. (2009, April). *Perceptions of Child Sexual Abuse and Help-Seeking Among South Asian College Students.* Symposium presented at The Asian American Studies Annual Conference, Honolulu, Hawaii.

**Kanukollu, S.N.,** & Mahalingam, R. (2008, May). *Childhood Sexual Abuse in South Asian communities: A*

*Dialogue of Family, Gender and Immigration.* Symposium presented at The Tamil Studies Conference, Toronto, Canada.

**Kanukollu, S.N.,** & Mahalingam, R. (2007, April). *The Impact of Parenting Style and Model Minority Myth on*

*Mental Health and School Outcomes among Asian-American Adolescents.* Presented at The Association for Research on Asian Indian Communities Conference, Connecticut College, New London, CT.

**Kanukollu, S.N.,** & Mahalingam, R. (2007, January). *Giving Voice to Unheard Strengths: Understanding the*

*Intersection of Family Dynamics, The Model Minority Myth and Gender.* Symposium presented at the National Multicultural Conference and Summit, Seattle, WA.

**Kanukollu, S.N.,** & Mahalingam, R. (2006, June). *Model Minority Myth and Family Dynamics among Asian-*

*American Adolescents: Implications for Mental Health.* Poster presented at The Society for Psychological Study of Social Issues Biennial Convention, Long Beach, CA.

**Kanukollu, S.N.,** & Mahalingam, R. (2006, March/April). *The Impact of Migration on Women from India:*

*Implications for Cultural Psychology*. Symposium presented at The Association of Women in Psychology Conference, Ypsilanti/Ann Arbor, MI.

**Kanukollu, S.N.,** & Mahalingam, R. (2006, April). *The Impact of Migration on Women from India:*

*Implications.* Symposium presented at the Asian Psychological Student Association, Ann Arbor, MI.

Dooley, T., O’Hea, E., Krejci, J., Steinberg, M.L., Violette, N., Clarke, D., **Kanukollu, S.N.,** & Ziedonis,

D. (2004). *Motivational Enhancement Therapy and Personalized Feedback Therapy for Polysubstance Abuse: Completion of Stage 1A.* Poster presented at the Annual Robert Wood Johnson Poster Session, New Brunswick, NJ.

**Kanukollu, S.N.,** Krejci, J., & Smoyak, S. (2004). *Enhancing Substance Abuse Treatment with Cultural*

*Sensitivity.* Presented at the9th Annual Public Health Symposium of the UMDNJ- Edward J. Bloustein School of Public Health and Rutgers University Public Health Association, New Brunswick, NJ.

**TEACHING EXPERIENCE**

**09/13 – 12/13: Psychology of Personality, Weinberg College of Arts and Sciences, Northwestern University**

*Adjunct Lecturer*

Conduct weekly lecture for Undergraduate-level course, facilitate discussion on topics related to personality constructs, personality disorders and factors contributing to personality development; manage course with three Teacher’s Assistants (TA); prepare examinations and class-assignments based on course objectives

**10/12 – 12/12 and 10/14 – 12/14 and 4/18-6/18: Psychology of Gender, Northwestern University School of Professional Studies (SPS)**

*Adjunct Lecturer*

Conduct weekly lectures for 5-week intensive Undergraduate-level course; facilitate weekly discussions on topics related to gender and its intersection with race, class, sexual orientation, age and culture; provided weekly lectures and facilitated in-depth class discussions on theories of gender and empirical research related to gender; create and grade exams and assigned projects and papers

**09/12 – 12/12: Psychopathology and Psychopharmacology Lab, The Chicago School of Professional Psychology**

*Adjunct Faculty*

Conduct weekly lectures for Master’s-level course; facilitate weekly discussion on diagnostic issues, etiology and treatment of psychological disorders, importance of differential diagnoses and correct use of DSM-IV-TR in the clinical setting; create and grade exams and assigned papers; monitor online psychopharmacology lab portion of course

**09/12 – 12/12: Group Processes of Therapy, The Chicago School of Professional Psychology**

*Adjunct Faculty*

Conduct weekly lecture for graduate students in Master’s level Psychology program; responsible for syllabus creation; provide lecture on various models for conducting therapeutic groups with diverse populations; facilitate in-class experiential group therapy experience; create and grade all exams and assignments.

**09/11 – 11/11: Clinical Interviewing Skills, The Chicago School of Professional Psychology (blended)**

*Adjunct Faculty*

Conduct lecture for graduate students in Master’s level Psychology program in-person and online; responsible for syllabus implementation; facilitate discussion and practice opportunities for conducting an intake interview in the clinical setting; create and grade all exams and assignments.

**01/11-05/11, 01/12-05/12: Diversity in Clinical Practice, The Chicago School of Professional Psychology**

*Adjunct Faculty*

Conduct weekly lecture for graduate students in Master’s level Psychology program; responsible for syllabus creation; facilitate discussion on cross-cultural issues within Psychology and importance of culturally-sensitive clinical treatment; create and grade all exams and assignments.

**01/11-05/11: Biopsychosocial Bases of Health and Dysfunction, Adler School of Professional Psychology**

*Adjunct Faculty*

Create syllabus for course; conduct weekly lectures for Master’s-level course; facilitate weekly discussion on diagnostic issues, importance of differential diagnoses and correct use of DSM-IV-TR in the clinical setting; create and grade exams and assigned papers.

**01/08 – 05/09: Project Outreach, Health and Illness**

*Graduate Student Instructor*

Instructor: Jerome Miller, PhD

Managed exam proctoring, assignment grading, syllabus creation and guest lectures**;** helped group facilitators create weekly class outlines and discussion questions, coordinate guest lectures; work with various site coordinators at various medical settings to arrange service-learning placement sites.

**09/07 – 12/07:** **Gender & The Individual**

*Graduate Student Instructor*

Instructor: Ramaswami Mahalingam, PhD

Facilitated two classes per week in collaboration with course instructor**;** responsible for syllabus creation, assignment grading and exam proctoring; guest lecturer.

**01/06 – 04/06: Introduction to Psychopathology**

*Graduate Student instructor*

Instructor: Edward Chang, PhD

Graded course assignments and exams; guest lecturer as necessary.

**GUEST LECTURES**

Guest lecturer on “Trauma-Informed Treatment in the Correctional Setting”, The Chicago School of Professional Psychology, June 2012

Guest lecturer on “Group Therapy”, Introduction to Clinical Psychology, Northwestern University, Chicago, IL, February 2012

Panelist on “Graduate School for the Helping Professions”, Loyola University, Chicago, Illinois, October 2009

Guest lecturer on “Research on Gender and Immigration”, Undergraduate Psychology Seminar, Ann Arbor, Michigan, March 2009.

Guest lecturer on “Gender and Violence,” Gender and the Individual, Ann Arbor, Michigan, October 2007

Guest lecturer on “Women & Mathematics: The Impact of Socialization and Stereotypes,” Immigration and

Gender, Ann Arbor, Michigan, November 2006.

Guest speaker on “Drug Abuse and Addiction in South Asian Communities,” The South Asian Awareness Network Conference (2nd Annual Conference), Ann Arbor, Michigan, February 2006.

Conducted workshop on “Domestic Violence in the South Asian Community,” The South Asian Progressive Alliance, Ann Arbor, Michigan, March, 2006.

**PROFESSIONAL MEMBERSHIP/ INVOLVEMENT**

Mentor, I-Am Shakti, May 2018 - present

Member, Illinois Psychological Association; 2010 – 2013

Student Affiliate, American Psychological Association (APA)

Student Member, Asian American Psychological Association

Student Member, Division of South Asian Association (DoSAA)

Student Member, Society for the Psychological Study of Social Issues (SPSSI)

Co-Chair, Asian/Asian American Psychology Student Association, University of Michigan, MI; 2006-2008

Vice President, Psi Chi, Rutgers University, NJ; 2003-2004

President/Treasurer, PsychAlliance, Rutgers University, NJ; 2002-2003

**PROFESSIONAL ACTIVITIES**

Trainer/Consultant, *Seeking Safety,* July 2018 – present.

Secretary**,** Illinois Psychological Association, Early Career Professional section; September 2014 – present.

Consultant, *Seeking Safety,* November 2012 – 2015.

Communications Chair, American Psychological Association’s Division of South Asian Americans, August 2012 – 2014.

Marketing Chair, Illinois Psychological Association, Early Career Professional section; January 2012-January 2013.

Board Member, Zacharia’s Sexual Abuse Center; January 2012-present.

Reviewer, New School Psychology Bulletin; August 2009 – 2010.

Core Committee Member, Asian Psychology Student Association (APSA); 2006-2010.

Co-chair, Asian Psychology Student Association (APSA); 2007-2008.

Proposal Reviewer, Society for the Psychological Study of Social Issues (SPSSI); February 2008.

Poster Presentation Judge, Society for the Psychological Study of Social Issues (SPSSI); June 2008.